

Perinatal Mental Health GP Champion Project – Thames Valley Strategic Clinical Network

Job title: Perinatal Mental Health Regional GP Champions (3 posts across TV; Oxfordshire, Berkshire West and Berkshire East)

Job commitment: 24 funded sessions over a 6 month period to start March 2019

NHS England and TV Strategic Clinical Network (TVSCN) recognise the need to involve GPs in improving care across the pathway for those women and families affected by Perinatal Mental Illness (PMI). The NHS England TVSCN has agreed to fund a scheme aimed at improving knowledge and understanding in PMI amongst GPs and their colleagues and build on a Wessex GP champion perinatal mental health pilot project delivered in 2017/18 in partnership with the Royal College of General Practitioners. The work is also expected to strengthen relationships between health professionals who work together to support and care for those affected.

The project is being co-ordinated by the NHS England Perinatal Mental Health team in partnership with TVSCN. There will be an initial training day for all GP Champion recruits led by Carrie Ladd, GP and former RCGP Clinical Champion in PMH. Following this session there is flexibility in the delivery of the training, so they can be scheduled to fit in with GP Champion normal working schedules. It is anticipated that this role will be achievable in the equivalent of 1 session per week (4 hours) but this will be spread over a 6 month period. Each session will be funded with a reasonable fee and this will be paid directly to the GP Champion subject to usual NHS England requirements for invoicing and payment.

Interested applicants can apply with a single page cover letter describing their interest and motivation to get involved with this project together with a brief CV, maximum 2 pages please.

Please send applications to TV Strategic Clinical Network: rebecca.furlong@nhs.net and debbie.jackson9@nhs.net

For informal enquiries about the role, please contact debbie.jackson9@nhs.net

The closing date for applications for this role is the 28.2.19 and shortlisted candidates will then be contacted to arrange an informal interview.

Job Description and Person Specification

Job purpose:

To help develop a scheme of a regional network of **x** GP Champions in Perinatal Mental Health (PMH) in region which falls under the **enter name** Clinical Network – including **list areas**. The roles will be supported by the clinical network in partnership with the Perinatal Mental Health team within NHSE.

- To raise awareness of PMH illness amongst GPs and their practice team colleagues
- To promote PMH and well-being amongst our patient population
- To improve collaboration with other HCPs working on the PMH pathway
- To improve GP engagement with the **enter name** CN

Key responsibilities of individual GP Champion:

- To share details of the [RCGP educational resources](#) with GP practices in the **enter name** region
- To deliver PMH education sessions in various formats to primary care team members in their localities
- To attend one of the quarterly **enter name** CN meetings and update on work of the project
- To contribute to the evaluation of the project with a view to sharing with a wider audience

Skills, competencies and qualifications:

- Interest in PMH, a passion for education and motivation to make a positive impact in this crucial area of primary care for women & their families
- Excellent communication and interpersonal skills, in order to build relationships and influence change
- Ability to deliver engaging and dynamic educational sessions to primary care team members
- Good organisational skills, IT and digital skills
- To be working as a qualified GP for at least 3 years, on a local performers list, in the **x** region