The NHS Health Check programme aims to help prevent heart disease, stroke, diabetes and kidney disease. Everyone between the ages of 40 and 74, who has not already been diagnosed with one of these conditions (eligible patients), will be invited (once every five years) to have a check to assess their risk of heart disease, stroke, kidney disease or diabetes. They can then be given support and advice to help them reduce or manage that risk.

The toolkit provides each practice with the ability to monitor the progress of eligible patients throughout the Health Check process and to further manage those identified at high risk of CVD.

Practices can upload anonymised data for Public Health reporting and provide the necessary figures for their local enhanced scheme.
"Baseline" shows all patients eligible for a Health Check including those where the process has commenced. Patients that have already been Contacted (C), or Assessed (A) are highlighted and patients that have 'Died' (D) or 'Left' (L) with activity are identified in the Registration Status column.

TargetPop contains baseline patients that have NOT been contacted or assessed.

When patients have been invited they move from TargetPop into Contacted.

When the Health Check has been completed patients move into Assessed.

Sort and filter options are available by hovering your mouse over the desired column header and clicking on the drop down arrow.

Est

Patients that haven’t been assessed may not have current results for BMI, Cholesterol, HDL and BP. In such cases, the tool will substitute a value* to enable an ESTimated risk score to be calculated. The risk score is calculated each time using the latest data returned in the responses from the clinical system. Substituted values are only used if data is missing or more than 5 years old.

* The values substituted are taken from the QRESEARCH database and are appropriate for the patients Age, Sex and Ethnicity.

**Est** column information

'Y' indicates that substitute values have been used to calculate an ESTimated risk score where either BMI, Cholesterol, HDL or BP haven't been recorded in the last 5 years.

'N' indicates that recorded values are present within the last 5 years and it has NOT been necessary to substitute estimated values.

The number is the collective age of the data in months.

Eg: Y240 indicates no data recorded for BMI, Cholesterol, HDL and BP in the last 5 years (or 240 months).
Assessed
Patients will remain on the ‘Assessed’ sheet for 5 years. After this period they will go back into TargetPop to repeat the process (providing they are still eligible).

HighRisk
Patients recorded with a High Risk code as a result of a Health Check will appear here and should be entered onto a GP held register of patients with high CVD risk requiring annual review and ongoing management of risk factors.

Exclusions
All 40 – 74 year old patients excluded from the Health Check scheme will appear in this sheet with details of the event and date recorded determining the reason for exclusion.

The Letter & Coding facility incorporates a Template Manager allowing letters to be created, edited and stored. Alternatively, an export file can be created for use within your clinical system.
Anonymised data is uploaded to provide monitoring information for your Local Authority as required by the Department of Health. This also provides the necessary data used to calculate payment for your practice.
### NHS Health Checks Monitoring

<table>
<thead>
<tr>
<th>Risk Score (this is not a health check but you need to record the risk score generated by your clinical system)</th>
<th>5 Byte Read</th>
<th>TPP SystmOne</th>
</tr>
</thead>
<tbody>
<tr>
<td>38DF, 662k, 662l, 662m, 662n, 388W, 3888, 38DR, 38DP, 388R</td>
<td>XaPBq, XaKCr, XaKCu, XaKCs, XaKCt, XaJxS, XaFsZ, XaQVY, XaQaG</td>
<td></td>
</tr>
</tbody>
</table>

| NHS Health Check Declined. (This must be accompanied by any of the listed invitations) | 8IAx | XaX8h |
| NHS Health Check Completed (This is the code used to count health checks done) | 8BAg | XaRBQ |

| NHS Health Check Invite | 9mC | XaRBR |
| NHS Health Check Telephone invite | 9mC0 | XaRBS |
| NHS Health Check Verbal invite | 9mC4 | XaR9z |
| NHS Health Check 1st letter | 9mC1 | XaRBT |
| NHS Health Check 2nd letter | 9mC2 | XaRBU |
| NHS Health Check 3rd letter | 9mC3 | XaRBV |

| Failed to respond to Health Check invite (This must be accompanied by any of the listed invitations) | 9Nj5 | XaRAF |

| DNA Health Check Appointment (This must be accompanied by any of the listed invitations) | 9NiS | XaRAA |

| High Risk Marker (please note high risk has to be independently recorded since risk scores may vary over time) | 9Ox, 140H, 1407%, 662m, 662n | XaNOf, Xalec, 14070, 14OH., XaFs8, 662m., 662n., XaKCu, XaKct, |

### Exception Reporting - These codes remove patients from the eligible population.

| Terminal Care/NHS Health Check Not Appropriate (5 years) | 8BA2, 9NSH | 8BA2, Xaaac |
| Patient Unsuitable (15 months) | 9hJ0 | XaPx0 |

**You also need to record key clinical information outlined in your LES agreement.** Typically this will include BP, BMI, Ethnicity, Family History of CVD, Smoking Status, Lifestyle advice for Smoking, Diet, Weight and exercise. **Your PCT may require you to record other additional information.**