



# Talking Health

Monday 17 December 2018



## News Update

### ORDER YOUR REPEAT PRESCRIPTIONS IN TIME FOR CHRISTMAS



Over the bank holidays most pharmacists and GP surgeries will be closed so the advice is plan ahead and order repeat prescriptions at least five days before the start of the festivities. For more information [click here](#)

[You can view pharmacy opening times over the holidays here](#)

Remember, to stay well and healthy have a [winter plan](#), get a free [flu vaccination](#) if you are eligible and visit a [pharmacist](#) for advice if you have a cough or cold.

### SAFE SPACE FOR PEOPLE WITH MENTAL HEALTH ISSUES



A late-night safe space for people experiencing mental health crisis has opened off the Cowley Road in Oxford.

Oxford Safe Haven (OSH) offers additional out-of-hours support for adults living with mental illness in Oxfordshire.

People must call ahead to hold a place at the drop-in in Manzil Way, Oxford, for immediate mental health support in a non-medical environment. For more information [click here](#)

To self-refer to Oxford Safe Haven ring 01865 903037 or 07710 092849.

## ALL NIGHT SOS SERVICE OPEN OVER XMAS AND NEW YEAR



The service which treats people with alcohol related issues in Oxford city centre every Friday and Saturday night will be operating over the holiday period.

The service is run by a team of paramedics and support staff from an ambulance in Cornmarket from 10.45pm to 5am each weekend. An additional ambulance will be operate in the city centre on New Year's eve. For more information [click here](#)

## Reminders

### UPDATE ON COGGES SURGERY IN WITNEY



OCCG is providing Information and regular updates on next steps for the practice, including opportunities to have your say around the possible options for the future of primary care services in Witney, To find out more [click here](#)

### SEE A GP AT WEEKENDS OR IN THE EVENINGS



GP access hubs in Oxfordshire can offer you a routine appointment to see a doctor or practice nurse at these times. You can book a hub appointment at a time to suit you by contacting your own surgery.

Seeing a doctor at the weekend or evening could prevent a cough or cold from getting worse, and frees up your own GP to see more vulnerable patients. For more information [click here](#)

## Partnership Information

### 'YOUTH IN MIND' MENTAL HEALTH CONFERENCE



Tickets are on sale for the event which is aimed at people who work with children and young people in Oxfordshire. It is being held on Wednesday 27 March 2019 (8.30am to 4.30pm) at the King's Centre, Osney Mead, Oxford OX2 0ES.

The conference will feature national and local experts, 50 exhibition stands, 20 workshops, performances, youth-led training and local speakers including Professor Mina Fazel from the University of Oxford's Department of Psychiatry and Lucy Butler who is the Director of Childrens Services at Oxfordshire County Council.

For more information and to purchase tickets [click here](#)

## Other Consultations

### VIEW ALL OXFORDSHIRE COUNTY COUNCIL'S PUBLIC CONSULTATIONS



You can view and take part in all of the council's current consultations. These include surveys on [special education needs \(SEN\)](#) and the new [education, health and care plans](#).

You can see more information about a specific consultation by visiting the relevant webpage [click here](#)

### HAVE YOUR SAY ON AN OLDER PEOPLE'S STRATEGY



Living longer and living better is the drive behind the strategy for the county's older population. Local people, charities, and voluntary groups have all helped to develop the plan which has a focus on supporting people to live well for longer. To read the strategy and share your views on the proposals [click here](#)

## Locality News

### UPCOMING PATIENT GROUP MEETINGS



We'll keep you updated on future patient participation group meetings that are being held in public allowing you the opportunity to shape and improve health care in Oxfordshire.

Please contact Richard McCrann at South, Central and West Commissioning Support Unit's Communications Team if you wish to unsubscribe from this e-bulletin or have any questions about its content.  
Email: [richard.mccrann@nhs.net](mailto:richard.mccrann@nhs.net)