

News Update

LOU MADE PERMANENT CHIEF EXECUTIVE AT OCCG



OCCG is delighted to announce that Louise Patten's role as Chief Executive and Accountable Officer is now permanent with immediate effect.

Lou will continue her role as Accountable Officer at Buckinghamshire CCG. The appointment follows a process and discussions with our key external stakeholders in Oxfordshire, as well as the Board and the Executive team. For more information [click here](#)

IT'S NOT TOO LATE TO HAVE A FREE FLU JAB



If you are 'at risk' from flu there is still time to have a vaccination to keep you well and healthy this winter. The free vaccine is for people aged 65 and over, pregnant women and children and adults living with a long term condition such as diabetes or asthma.

The nasal spray flu vaccine is available for children aged 2 and 3, and parents will be contacted to take children to their GP practice for a vaccine. You can also get a free NHS flu vaccination at most pharmacies in Oxfordshire if you are in an 'at risk' group.

To find out more on the flu vaccine [click here](#) To watch a short video on who is eligible for a free flu jab [click here](#)

SEE A GP AT WEEKENDS OR IN THE EVENINGS



GP access hubs in Oxfordshire can offer you a routine appointment to see a doctor or practice nurse at these times. You can book a hub appointment at a time to suit you by contacting your own surgery.

Seeing a doctor at the weekend or evening could prevent a cough or cold from getting worse, and frees up your own GP to see more vulnerable patients. For more information [click here](#)

Reminders

UPDATE ON COGGES SURGERY IN WITNEY



OCCG is providing Information and regular updates on next steps for the practice, including opportunities to have your say around the possible options for the future of primary care services in Witney, To find out more [click here](#)

HAVE YOU GOT A WINTER PLAN?



You should have a personal winter plan to keep you well and healthy when the season for coughs and colds kick in.

A plan can include having a well stocked medicine cabinet, getting a free flu jab if you are eligible, and asking for advice on how to stop a sore throat or cough from getting worse.

For more information on what your winter plan could include [click here](#)

Partnership Information

LIFTING THE LID ON THE RAPID ACCESS CARE UNIT (RACU)



The Bell Surgery in Henley-on-Thames is hosting a talk about the RACU which is based at the Townlands Memorial Hospital in the town. The event is being held on Tuesday 4 December (6pm to 8pm) in the Maurice Tate Room at the hospital.

The talk will describe how the RACU's multidisciplinary team works and the care and treatment it provides to patients. To reserve your place contact the Bell Surgery on 01491 843250 or email: thebellsurgery@nhs.net

HEALTHY EATING IN SCHOOLS UNDER THE SPOTLIGHT



Healthy Schools Co-ordinators have the potential to play a huge role in improving children's diets, a report reveals.

It's one of the recommendations in a report produced by Rose Hill Primary School in Oxford with the support of Healthwatch Oxfordshire.

It follows a consultation at the school this summer to highlight barriers to achieving healthy diets and good dental health, among other things. To

read the report [click here](#)

Other Consultations

VIEW ALL OXFORDSHIRE COUNTY COUNCIL'S PUBLIC CONSULTATIONS



**OXFORDSHIRE
COUNTY COUNCIL**

You can view and take part in all of the council's current consultations. These include surveys on [special education needs \(SEN\)](#) and the new [education, health and care plans](#).

You can see more information about a specific consultation by visiting the relevant webpage [click here](#)

Locality News

MEETING ATTRACTS DOZENS OF PEOPLE TO DISCUSS NHS SERVICES



The Oxford City patient participation forum held a successful meeting on 20 November attracting 58 delegates including members of the public and local practice managers.

There were discussions on how patient participation groups (PPGs) could organise more talks to raise awareness of common illnesses and diseases among patients. Tehmeena Ajmal, the county's winter director, explained how local people should have a winter plan to keep well, such as having a well-stocked medicine cabinet.

A full report on the meeting will be available in the next edition of this newsletter.