



Friday 17 November 2017



News Update

SHARE YOUR VIEWS ON GP SERVICES AT A WORKSHOP NEAR YOU



Local GP practices have been working with OCCG and patient representatives on plans for the future of GP and primary care services in Oxfordshire.

Throughout the summer your GP practice has joined others in Oxfordshire to talk about how they currently work, what problems they regularly face and how they could work better. We have also been talking to patient participation groups to find out more about the patient experience, listening to what patients feel is important and their ideas for change.

From this ongoing engagement work with patients, GPs and clinicians in your local area, we have identified the challenges each locality faces, their priorities and how those priorities could be met.

We are holding a series of workshops across Oxfordshire to enable you to share your views to see how GP and primary care services in your locality could be organised. If you are interested in helping to shape the future of GP services in Oxfordshire please book to attend one of the following events for your locality:

- **Banbury Town Hall** on Tuesday 21 November (6.30pm to 8.30pm - this workshop covers the North Oxfordshire locality)
- **Didcot Civic Hall OX11 7HN** on Wednesday 22 November (6.30pm to 8pm - this workshop covers the South West locality)
- **Oxford's St Gregory the Great School, OX4 3DR** on Thursday 23 November (6.30pm to 8pm - this workshop covers Oxford City locality)

- **Wallingford's The George Hotel, High Street OX10 0BS** on Tuesday 28 November (6.30pm to 8pm - this workshop covers the South East locality)
- **Bicester's Littlebury Hotel, Kings End, OX26 6DR** on Thursday 30 November (6.30pm to 8pm - this workshop covers the North East locality).
- **NEXT STEPS MEETING** - this will be held in Witney's Corn Exchange OX28 6AB on 7 December (6.30pm to 8pm) to hear the views and feedback shared by people at the workshops held in Witney and Carterton; and to find out the next steps for primary care in West Oxfordshire (see story below).

The workshop events will include a short presentation followed by round table discussions. To reserve your place and get more information please email cscsu.talkinghealth@nhs.net or call 01865 334638.

You can also have your say [online via Talking Health](#) (you might need to register on Talking Health to take part).

FIND OUT THE NEXT STEPS FOR GP SERVICES IN WEST OXFORDSHIRE



You are welcome to attend a public event where you can hear views and feedback you shared with us about GP services in West Oxfordshire.

The meeting is being held at Corn Exchange, Market Square, Witney OX28 6AB on Thursday 7 December 2017 from 6.30pm to 8pm. You'll need to confirm your attendance - see below for details.

At the meeting we'll [outline your ideas](#) on how primary care services could work better in the face of increased demand, recruitment difficulties and budget pressures. It will also be an opportunity to hear the next steps for GP services in the area.

To reserve your place and get more information please email cscsu.talkinghealth@nhs.net or call 01865 334638.

If you are unable to attend the meeting you can still have your say [online via Talking Health](#) (you might need to register on Talking Health to take part).

JOIN OCCG AT THE NEXT BOARD MEETING IN THAME - 30 NOVEMBER



The OCCG Board will meet on Thursday 30 November at the Spread Eagle Hotel in Thame OX9 2BW (9am to 12.45pm) . You can submit a question before hand or attend the meeting in person and listen to the discussions.

The agenda and papers are available from a week before the meeting. For more information and to find out how to submit a question to the Board [click here](#)

FREE FLU VACCINE FOR CARE WORKERS AND YOUNG CHILDREN



OCCG and Oxfordshire County Council are helping care workers stay well this winter by offering them a free flu jab.

More than 10,000 people across Oxfordshire are set to benefit from this new NHS funded scheme, including care home and hospital staff, community workers and those providing personal home support. For more information on the new scheme [click here](#)

Parents are reminded their young children might be eligible for a free flu vaccine via a nasal spray to help protect them against the illness - the spray is painless and easy to have.

The vaccine is available to children aged two and three years (on 31 August 2017) from their GP practice. Children in reception class and school years one, two, three and four will be offered the vaccine at their school. [Click here](#) for more information.

Remember, one of the best ways to stay well this winter is to stay warm. For advice on keeping warm and well [click here](#)

TELL A FRIEND TO REGISTER WITH THE TALKING HEALTH NEWSLETTER



You can remind friends and colleagues to receive the Talking Health newsletter by registering with OCCG's online consultation tool 'Talking Health' and selecting the newsletter option - this is available to view by [clicking here](#) or email to: richard.mccrann@nhs.net

The newsletter highlights initiatives and events taking place in our localities and among our partner organisations in the NHS, local government and in the voluntary and third sector. To view previous editions [click here](#)

Reminders

BOOK A GP APPOINTMENT VIA THE OCCG PHONE APP TODAY



OCCG's phone app can help you stay well and healthy over winter.

'Health and Care Oxfordshire' provides advice on when it might be best to visit a pharmacist or a GP, when to call NHS 111, or if self-care at home might be more appropriate.

The app also provides a link to Patient Access which lets you book an appointment to see your doctor.

It highlights the type of injuries or illnesses seen at minor injuries units and first aid units in Oxfordshire. You can locate your nearest health service via interactive maps.

To download the app for iPhones [click here](#) and for Androids [click here](#)

HAVE YOU PICKED UP A SCRATCH CARD TO FIND HEALTH SERVICES?



Shoppers are urged to pick up a scratch card from a local pharmacy to test their knowledge of NHS services.

Each pharmacy in Oxfordshire has the scratch cards to show customers where to go if they are ill or need health advice this autumn and winter.

There are five simple questions to answer but don't worry if you can't get them all correct as the cards explain where you can find information on local health services quickly.

For more information [click here](#)

Partnership Information

MAKE A PLEDGE TO KEEP ANTIBIOTICS WORKING



Public Health England's national campaign 'Keep Antibiotics Working' highlights that taking antibiotics when you don't need them puts you and your family at risk. To help keep antibiotics working you are urged to always take your doctor or nurse's advice on antibiotics. For more information and to make a pledge to become an antibiotic guardian [click here](#)

JAMIE'S COOKING UP A SUGAR FREE OXFORD



Oxford City Council is supporting the Jamie Oliver Foundation to reduce sugar consumption locally.

It's part of the national SUGAR SMART UK campaign led by the celebrity chef and charity Sustain to limit the amount of sugar we eat and drink.

The Sugar Smart Oxford campaign was launched earlier this month and includes a survey which you can take part in [click here](#) and a variety of events to raise awareness of the campaign.

SHARE YOUR VIEWS ON ORTHODONTIC SERVICES



Are you or someone you care for receiving NHS orthodontic treatment? If so then NHS England would like to hear about your experience of the service.

NHS England is responsible for buying orthodontic services (most commonly involving treatment using braces). Some of the contracts to provide these services will be coming to an end in 2019 so NHS England will be carrying out a procurement process to commission new contracts.

They would like your views on orthodontic services which will be used to inform the procurement process so that services meet your needs.

If you would like to share your views you can do this by completing a short online survey [click here](#) which closes on Wednesday 27 December 2017.

TAKE PART IN A TALK ON DIABETES AND HORMONES



The patient participation group at the Bell Surgery in Henley-on-Thames is holding a talk on diabetes and endocrinology on Monday 20 November (6pm to 8pm) at the Townlands Memorial Hospital.

The talk will be led by specialists in these fields from the Royal Berkshire NHS Foundation Trust (RBH) - [more information here](#) To book a place contact the Bell Surgery on 01491 843250 or email thebellsurgery@nhs.net

SHARE YOUR THOUGHTS ON SEXUAL HEALTH SERVICES



Oxfordshire County Council would like to hear your views on sexual health services. The survey is not asking any questions about your sex life and you won't be asked any personal questions in the questionnaire.

We want to check that services are meeting your needs and if there are ways that they can be improved. What you tell us will help us to know if we are getting it right. To take part in the survey [click here](#) which closes on Friday 24 November 2017.

Locality News

PATIENT FORUM MEETINGS BEING HELD IN PUBLIC IN OXFORDSHIRE



We'll keep you updated on future patient participation group meetings that are being held in public allowing you the opportunity to shape and improve health care in Oxfordshire.

Please contact Richard McCrann at South, Central and West
Commissioning Support Unit
Communications Team if you have any questions about this e-bulletin:
richard.mccrann@nhs.net