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NHS
Oxfordshire
Clinical Commissioning Group



Talking Health

Friday 21 April 2017



News Update

PUBLIC THANKED FOR SHARING THEIR VIEWS DURING CONSULTATION



Patients and the public in Oxfordshire have responded in their thousands to proposed changes to some health services in the county.

The 12-week Big Health and Care Consultation, which launched on 16 January, closed at midnight on Sunday 9 April. OCCG which ran the consultation on behalf of the Oxfordshire Transformation Programme, is delighted that so many people have taken part and shared their views.

David Smith, Chief Executive at OCCG, said: 'We want to say a huge thank you to everyone who has taken the time to come to public events, complete the survey questionnaire online or in print, and those who have sent letters and emails to the CCG expressing their views over the last 12 weeks.'

All the feedback is being collated and a report will be published in due course.

Work has started on Phase 2 of the Transformation and the public, patients, clinicians and other stakeholders will have opportunities over the summer to help OCCG as it develops the shortlist of options for other health services, before launching the next public consultation.

Reminders

READ THE DRAFT SUSTAINABILITY AND TRANSFORMATION PLAN



Proposals are being developed to improve health and care in Buckinghamshire, Oxfordshire and Berkshire West to help our communities be the healthiest they can be, while making sure that services are affordable for years to come.

The Buckinghamshire, Oxfordshire and Berkshire West Sustainability and Transformation Plan (STP) will set out the challenges and opportunities facing NHS and care services across the area. To view the draft plan [click here](#) and a summary [click here](#)

We have also produced a local digital road map for Buckinghamshire, Oxfordshire and Berkshire West which sets out the technology priorities for the patch to support health and social care. To view the document [click here](#)

To watch a short film on STPs created by NHS England click [here](#)

HAVE YOU DOWNLOADED THE HEALTH AND CARE SMART PHONE APP?



OCCG's phone app provides advice on when it might be best to visit a pharmacist or a GP, when to call NHS 111, and when self-care at home might be more appropriate.

The app describes the type of injuries or illnesses seen at minor injuries units and first aid units in Oxfordshire and how to book an online doctor's appointment via Patient Access.

To download the 'Health and Care Oxfordshire' app for iPhones [click here](#) and for Androids [click here](#)

Partnership Information

FREE EVENT TO SUPPORT PEOPLE AFFECTED BY CANCER



A health and wellbeing event to provide advice and support for people with cancer will be held on Saturday 13 May 2017 (9.30am to 2.15pm) at the John Radcliffe Hospital, Headley Way, Oxford OX3 9DU. The day will include:

- Meet and talk to Oxfordshire health and wellbeing services
- Practical strategies to support your overall wellbeing
- Physical activity for your recovery and long-term health
- Designing your personalised healthy living action plan

Lunch is being provided by Macmillan Cancer Support. Places are limited so please book before 1 May 2017 by calling 01904 756443 or vtrundle@macmillan.org.uk.

CRAFTING A MENTAL HEALTH SERVICE FOR ARMED FORCES VETERANS



NHS England has launched a new £9m mental health service to support and treat ex-armed forces veterans and service personnel who are about to leave the forces.

The NHS transition, intervention and liaison (TIL) veterans' mental health service will act as a front door to a range of mental health services for 17,500 people over the next three years.

For more information on the new service [click here](#)

HELP IMPROVE THE WAY LOCAL HOSPITALS COMMUNICATE WITH YOU



A local hospital trust is inviting people with a disability, impairment or sensory loss to share their views on how patient leaflets and letters can be improved to make clinical information easier to read and understand.

The Oxford University Hospitals NHS Foundation Trust is holding two sessions on Friday 5 May at 10am to 11.30am and midday to 1.15pm to find out patients' thoughts on this matter. This is part of the [Accessible Information Standard](#) initiative.

The event is being held at the Unipart House Business Centre, Garsington Road, Oxford, OX4 2PG and there will be a free lunch 11.30am to midday. There is free parking at the building. The trust will reimburse people taking part with travel expenses and care or carer replacement and support worker/personal assistant costs.

To take part you need to complete a registration form which is available by emailing: PatientInvolvement@ouh.nhs.uk

DOWNLOAD THE 'ACTIVE 10' APP AND WALK YOUR WAY TO HEALTH



Public Health England wants you to take a regular 10 minute brisk walk to make you feel better. It can boost your energy, clear your head and lift your mood and help people with lower back pain and those at risk of high blood pressure.

It's also good for your long-term health reducing your risk of serious illnesses like heart disease and type 2 diabetes. Download the Active 10 app to show how much brisk walking you're doing [click here](#)

TAKE PART IN A CONSULTATION ON THE SUPPLY OF SOME MEDICINES



The NHS in Berkshire West is proposing to change the way some medicines are supplied to patients. You can share your views on the proposals via a consultation which runs until Friday 28 April. To take part [click here](#)

Locality News

LOCALITY PPG FORUM 'PUBLIC' MEETINGS IN OXFORDSHIRE



The North Locality Patient Forum will be holding a public event in the summer in Banbury and more details will be available nearer the time.

Please contact Richard McCrann at South, Central and West Commissioning Support Unit Communications Team if you have any questions about this e-bulletin:

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