

Locality Commissioning Meeting South West

Date of Meeting: 16 July 2019		Paper No: 11			
Title of Paper: Social Prescribing Link Worker training and professional development at Bromley by Bow Centre from the Experts – Autumn 2019 Programme					
Is this paper for	Discussion		Decision		Information ✓

Purpose of Paper: To Practices for information as it relates to Social Prescribing.
Action Required: None

Author:	Clinical Lead: Dr Jonathan Crawshaw
----------------	--

----- Forwarded message -----

From: "Alya Rashid" <alya.rashid@bbbc.org.uk>

Date: Thu, Jun 13, 2019 at 1:32 PM +0100

Subject: Social Prescribing Link Training from the experts - Book now to avoid disappointment

To: "Alya Rashid" <alya.rashid@bbbc.org.uk>

Social Prescribing Link Worker training and professional development at Bromley by Bow Centre from the Experts – Autumn 2019 Programme. Book now to avoid disappointment.

Dear colleagues,

The Bromley By Bow Centre, leaders in social prescribing for over 20 years, is delighted to launch its autumn Social Prescribing Link Worker programme. This will be delivered in September and October 2019 in partnership with the University of East London (UEL)

The four day training programme, which may be booked as individual days, is delivered by its experienced social prescribing practitioners, professional trainers and specialists from UEL.

The training is suitable for both new link workers and those looking to develop their practices.

For full details and booking [click Eventbrite booking here](#)

We are also offering a **20% Early-Bird discount**. To use the discount, copy and paste this code **Early-Bird** in the “enter promo code” box and the discount will be applied to the total.

All learners will receive a CPD certificate of attendance.

For more information about the training please contact me.

Best wishes,

Alya

Alya Rashid

Social Prescriber - Wednesday & Friday

Insight Project Manager (Social Prescribing) – Monday, Tuesday & Thursday

Tele: 0208 7099840/0208 7099741

www.bbbc.org.uk



Social Prescribing Link Worker Training and Professional Development at Bromley by Bow Centre – autumn 2019 Programme



The Bromley by Bow Centre, leaders in social Prescribing for over 20 years and the University of East London (UEL) are proud to be delivering a four Social Prescribing Link Worker training programme.

Who is this training for?

This training programme is primarily aimed at social prescribing link workers also often known as community navigators, social prescribing coordinators, and community connectors. The training may

also be relevant for care navigators, local area coordinators, health trainers and others working in frontline roles, such as housing workers who are seeking to enhance their skills. The training days, particularly the introductory day, will also be very helpful for those wishing to find out more about social prescribing or considering a career as a Social Prescribing Link Worker.

What does the training cover?

The training programme covers a series of core professional skills and competencies that social prescribing link workers use in their role with their clients and in managing systems. Each day will include opportunities for discussion, sharing and exchange of knowledge and experiences with fellow social prescribing link workers.

Attendees can book for individual or multiple days.

Day 1 – An Introduction to Social Prescribing

Wednesday 25th September, 9.30 – 4.00

This day will give general overview of the theory and practice of Social Prescribing, including, the aims of social prescribing, processes of social prescribing, role of link workers, referral routes and the evaluation processes used to improve social prescribing outcomes.

Day 2 – Social Prescribing and Community Development

Thursday 26th September, 9.30 – 4.00

This day will give you a better understanding of how community based solutions can be facilitated through social prescribing and the factors involved in their delivery. It will include how social prescribing works with the voluntary sector and how it can be tailored to the characteristic of specific communities, groups and individuals.

Day 3 – Working with Vulnerable Adults and Supporting behaviour Change

Thursday 17th October, 9.30 – 4.00

This day will help you understand how to work effectively with vulnerable adults, the importance of clear communication and how the use of motivational interview techniques is used to engage with clients to increase their motivation to make behaviour changes. The session will also explore the importance of contracting, building trust, boundaries, goal setting as well as give an overview of how to carry out relevant actions to safeguard suicidal clients.

Day 4 – Managing Caseload and Supervision

Friday 18th October, 9.30 – 4.00

This day will give you a better understanding of effective approaches to managing caseloads, including across teams of link workers. The session will explore when to seek support and the importance good case management. It will also cover the value of reflective practice and the different forms of supervision and support for social prescribing link workers.

Participants will receive a CPD certificate of attendance

Refreshments and lunch will be provided by our social enterprise café.

To book click Eventbrite booking here [click Eventbrite booking here](#)