



Talking Health

Friday 24 March 2017



News Update

SHARE YOUR VIEWS ON OUR HEALTH PROPOSALS VIA A SURVEY



The NHS in Oxfordshire wants to thank everyone who took part in discussions at 15 public events on possible changes to some local health services as part of the first phase of the 'The Big Health and Care Consultation'.

The events attracted over 1,000 people who shared their views and asked questions about the proposals on maternity and planned and critical care at the Horton General Hospital in Banbury, as well as stroke services and hospital beds in the county.

You can still share your views on the proposals by taking part in a survey [click here](#) You can request a paper copy of both the consultation document and the survey by calling 01865 334638 or email cscsu.talkinghealth@nhs.net

You can also listen to recordings of five of the public events on OCCG's YouTube channel [listen here](#) The consultation runs until 9 April 2017.

JOIN OCCG AT ITS BOARD MEETING ON 30 MARCH IN BICESTER



Local residents are welcome to attend the meeting on Thursday 30 March at the John Paul II Centre, Henley House, The Causeway, Bicester, OX26 6AW (9am to 12.45pm).

It will include an update on the progress OCCG is making to improve patient care further, and a report on its finances. For more information on how to submit a question to the Board [click here](#)

TOWNLANDS STAKEHOLDER REFERENCE GROUP MEETS 28 MARCH



The public are invited to the next meeting of the reference group being held at Henley on Thames Town Hall on Tuesday 28 March (11am-1pm) to discuss developments at Townlands Memorial Hospital.

For further information on how to submit a question to the reference group and to view papers for the meeting [click here](#)

Reminders

PATIENTS AT DEER PARK MEDICAL CENTRE NEED TO RE-REGISTER



Patients at the surgery in Witney are reminded that services at the practice end on Saturday 24 March. They are urged to re-register with one of the alternative local practices (a patient will need to live within the practice boundary) with space available on their lists.

Patients who do not register with a new practice risk being unable to easily access medical care from a GP. All the alternative practices are happy to help make the process of changing surgeries as swift and as simple as possible.

Anyone with questions or concerns can contact the Patient Services team at OCCG on 0800 052 6088 or email patient.services@oxfordshireccg.nhs.uk

For more information about GP practices in the Witney area click [here](#)

READ THE DRAFT SUSTAINABILITY AND TRANSFORMATION PLAN



Proposals are being developed to improve health and care in Buckinghamshire, Oxfordshire and Berkshire West to help our communities be the healthiest they can be, while making sure that services are affordable for years to come.

The Buckinghamshire, Oxfordshire and Berkshire West Sustainability and Transformation Plan (STP) will set out the challenges and opportunities facing NHS and care services across the area. To view the draft plan [click here](#) and a summary [click here](#)

We have also produced a local digital road map for Buckinghamshire, Oxfordshire and Berkshire West which sets out the technology priorities for the patch to support health and social care. To view the document [click here](#)

To watch a short film on STPs created by NHS England click [here](#)

HAVE YOU DOWNLOADED THE HEALTH AND CARE SMART PHONE APP?



OCCG's phone app provides advice on when it might be best to visit a pharmacist or a GP, when to call NHS 111, and when self-care at home might be more appropriate.

The app describes the type of injuries or illnesses seen at minor injuries units and first aid units in Oxfordshire and how to book an online doctor's appointment via Patient Access.

To download the 'Health and Care Oxfordshire' app for iPhones [click here](#) and for Androids [click here](#)

Partnership Information

TAKE PART IN A SURVEY TO HELP IMPROVE A PATIENT WATCHDOG



Healthwatch Oxfordshire wants you to take part in a survey to reveal how well they are performing or if there are areas for improvement. You have until Friday 31 March to share your thoughts with the team (pictured) - all responses will be anonymous. To take part [click here](#)

DOWNLOAD THE 'ACTIVE 10' APP AND WALK YOUR WAY TO HEALTH



Public Health England wants you to take a regular 10 minute brisk walk to make you feel better. It can boost your energy, clear your head and lift your mood and help people with lower back pain and those at risk of high blood pressure.

It's also good for your long-term health reducing your risk of serious illnesses like heart disease and type 2 diabetes. Download the Active 10 app to show how much brisk walking you're doing [click here](#)

BECOME A GOVERNOR AND HELP SHAPE HOSPITAL SERVICES



Nominations are open for people to become a governor at Oxford Health NHS Foundation Trust . You'll have a say in the way hospital services are delivered and be part of the trust's Council of Governors while linking up with the Board of Directors.

For more information on how to apply and for details on two events to explain more about the role [click here](#) The closing for applications is Tuesday 4 April.

RANGE OF RESOURCES AVAILABLE TO SUPPORT YOUR CARING NEEDS



Patient Voice South has created an online resource for carers including case studies, guidance and policies, webinar details and a carers library. To access the resource click [here](#)

Locality News

LOCALITY PPG FORUM 'PUBLIC' MEETINGS IN OXFORDSHIRE



There will be further public meetings taking place in the localities over the next few months. We'll provide you with more details of these meetings via this newsletter once they have been finalised.

Please contact Richard McCrann at South, Central and West Commissioning Support Unit Communications Team if you have any questions about this e-bulletin: richard.mccrann@nhs.net