

## **NHS Veterans' Mental Health Complex Treatment Service**

### **April 2018**

On 1 April 2018, NHS England launched the Veterans' Mental Health Complex Treatment Service (VMH CTS), which is being delivered by the following providers:

- Leeds and York Partnership NHS Foundation Trust (covering the North of England)
- St Andrew's Healthcare (covering the East Midlands and East of England)
- Birmingham and Solihull Mental Health NHS Foundation Trust (covering the West Midlands)
- Camden and Islington NHS Foundation Trust (covering London and the South East of England)
- Berkshire Healthcare NHS Foundation Trust (covering Buckinghamshire, Oxfordshire, Berkshire, Hampshire, Isle of Wight and the South West of England).

#### **Patient centred care**

Informed by the views of veterans and their families, the VMH CTS is an enhanced local community based service for ex-service personnel who have military attributable complex mental health problems that have not been resolved earlier in the care / support pathway.

The service provides a range of intensive care and treatment that may include (but is not limited to) support for substance misuse, physical health, employment, accommodation, relationships and finances, as well as occupational and trauma focused therapies.

Patients will benefit from:

- an England wide service with care provided closer to home
- evidence based therapies and enhanced trauma stabilisation interventions delivered by specialists in mental health who have an expert understanding of the armed forces
- improved assessment and treatment of physical health difficulties in conjunction with the patient's general practitioner
- an extended duration of care and treatment with interventions provided for up to 32 weeks
- patient centred care delivered in collaboration with a range of local organisations
- family and carer support
- crisis care support.

## **Referrals to the VMH CTS**

Access to the VMH CTS is via a single point of referral from the Veterans' Mental Health Transition, Intervention and Liaison Service (VMH TILS). This ensures that the veteran's military service has been confirmed and any interventions earlier in the pathway have been considered.

To make a referral, please contact the relevant regional VMH TILS as follows:

- North of England service: call 0191 441 5974 or email [vwals@nhs.net](mailto:vwals@nhs.net)
- Midlands and the East of England service: call 0300 323 0137 or email [mevs.mhm@nhs.net](mailto:mevs.mhm@nhs.net)
- London and the South East of England service: call 020 3317 6818 or email [cim-tr.veteranstilservice-lse@nhs.net](mailto:cim-tr.veteranstilservice-lse@nhs.net)
- South West of England service: call 0300 365 0300 or email [awp.swveterans@nhs.net](mailto:awp.swveterans@nhs.net) or [sc.veterans@nhs.net](mailto:sc.veterans@nhs.net).

Referrals can be made by a GP, military charity or individuals can self-refer.

## **Further information**

For further information, please email [england.south-armedforces@nhs.net](mailto:england.south-armedforces@nhs.net) or visit [NHS Choices](#).

## Professional enquiries

For professional enquiries not relating to referrals, please contact the regional VMH CTS leads using the contact details below.

<b>North of England</b> (County Durham, North Yorkshire, Northumberland, Tyne and Wear, Cheshire, Cumbria, Greater Manchester, Lancashire, Merseyside, East Riding of Yorkshire, Lincolnshire, North Yorkshire, South Yorkshire and West Yorkshire) <b>Leeds and York Partnership NHS Foundation Trust</b>		
<b>Contract contact</b>	<b>Email</b>	<b>Telephone number</b>
Eddie Devine (Community Services Manager)	<a href="mailto:e.devine@nhs.net">e.devine@nhs.net</a>	0113 8556742

<b>Midlands and East of England</b> (East Midlands, Herefordshire, Shropshire, Staffordshire, Warwickshire, West Midlands, Worcestershire, Bedfordshire, Cambridgeshire, Essex, Hertfordshire, Norfolk and Suffolk) <b>St Andrew's Healthcare and Birmingham and Solihull Mental Health NHS Foundation Trust</b>		
<b>St Andrew's Healthcare (East Midlands and East of England)</b>		
<b>Contract contact</b>	<b>Email</b>	<b>Telephone number</b>
Tony Griffiths, Head of Contracts and Consultancy Service	<a href="mailto:t.griffiths1@nhs.net">t.griffiths1@nhs.net</a>	01604 616267
<b>Birmingham and Solihull Mental Health NHS Foundation Trust (West Midlands)</b>		
<b>Contract contact</b>	<b>Email</b>	<b>Telephone number</b>
Jemima Holyoake, Contracts Manager	<a href="mailto:contractsteam@bsmhft.nhs.uk">contractsteam@bsmhft.nhs.uk</a>	0121 301 1180

<b>London and the South East England</b> (Greater London, Kent, Surrey, East Sussex and West Sussex) <b>Camden and Islington NHS Foundation Trust</b>		
<b>Contract contact</b>	<b>Email</b>	<b>Telephone number</b>
Sue Ferrier, Lead Clinical Psychologist	<a href="mailto:cim-tr.veteranstilservice-lse@nhs.net">cim-tr.veteranstilservice-lse@nhs.net</a>	020 3317 6818

<b>South West of England</b> (Buckinghamshire, Oxfordshire, Berkshire, Hampshire, Isle of Wight, Wiltshire, Gloucestershire, Bristol, Devon, Dorset, Somerset, Cornwall and Isles of Scilly) <b>Berkshire Healthcare NHS Foundation Trust</b>		
<b>Contract contact</b>	<b>Email</b>	<b>Telephone number</b>
Robert Core, Deputy Head of Contracting	<a href="mailto:robert.core@berkshire.nhs.uk">robert.core@berkshire.nhs.uk</a>	01344 415631